



GOMDE SCOTLAND BODHI TRAINING BOOKING FORM

Name: _____ Date of Birth: _____

Address: _____

Email address: _____

Telephone number: _____

Contact person in case of emergency: _____

Email address and phone number of emergency contact: _____

Would you like to sign up to our mailing list: _____

Do you have a physical or mental health condition we should be aware of? _____

Are you taking any medication? _____

Any other details we should be aware of? _____



CHOOSE YOUR PACKAGES

A) TEACHINGS ONLY:

All the contributions for teachings go to Erik Pema Kunsang at Gomde Denmark.

The **FULL COURSE** options are for the 9 monthly weekend events **plus** the 5 day retreat at Gomde Scotland.

The **WEEKENDS ONLY** options **exclude** the 5 day retreat (should you wish to do the 5 day retreat at Gomde Denmark or at one of the other Gomdes offering the BODHI TRAINING teachings).

1. FULL COURSE, PAY UP FRONT – £210.

For this option payment is to be made before April 30th 2022.

2. FULL COURSE, PAY AS YOU GO – £25 per weekend, & £30 for the 5 day retreat.

3. WEEKENDS ONLY, PAY UP FRONT – £180

For this option payment is to be made before April 30th 2022.

4. WEEKENDS ONLY, PAY AS YOU GO – £25 per weekend

5. TASTER OPTION for 2 weekend sessions - £25 per weekend for teaching only.

If you then opt for the full course you can pay the balance before weekend 3 or Pay as you Go.

B) ACCOMMODATION:

The payments towards food and accommodation help to cover the costs incurred by Gomde Scotland (food, utilities, refreshments, sundries, etc.).

When booking please let us know when you will arrive and depart for the first weekend.

1. ACCOMMODATION & FOOD per night - £60 regular rate

This rate reflects the true daily cost of providing accommodation and food.

2. ACCOMMODATION & FOOD per night - £40 concession rate

This rate helps us to cover the basic necessities of accommodation and food.

3. ACCOMMODATION & FOOD per night - £80 pay it forward to help others attend.

This rate reflects the true daily cost of providing accommodation and food PLUS a bit extra to help support others to attend at the concessionary rate or on a bursary.

4. FOOD ONLY - £20 per day

Pay £20 per day for food which includes breakfast, lunch and dinner.

5. NO ACCOMMODATION OR FOOD

*For this option you are welcome to bring a packed lunch and eat with the rest of the group.
Refreshments and biscuits will be provided.*

C) DONATIONS to support Gomde Scotland (optional)

BURSARIES: If you are struggling to pay please talk to us about a bursary as we would like everyone with an interest to be able to attend.

WHICH PACKAGES WOULD YOU LIKE?

A) TEACHING PACKAGE: _____ @ £ _____

B) ACCOMMODATION PACKAGE: _____ @ £ _____

C) DONATION to support Gomde Scotland (optional): _____ £ _____

TOTAL TO PAY: £ _____

Payment Type (Paypal, Bank Transfer or cash): _____

Please complete and email your Booking Form to info@gomdescotland.org

Gomde Scotland Woodland Covenant

Everyone is welcome at Rangjung Yeshe Gomde Trust Scotland. This is a place we share with others - people, animals, and plants. While here please consider the following. Thank you.

A Memorandum of Understanding between you and Gomde Trust Scotland

Welcome to Rangjung Yeshe Gomde Trust Scotland (known as Gomde)! As volunteers, retreatants, residents and visitors, we encourage you to be compassionate and in harmony with each other, to protect the Woodland as a sacred space and avoid disturbing others or neighbours and so we mutually agree to abide by these basic golden guidelines:

- ***Respect life and avoid killing anything***

Not to unnecessarily disturb or molest wildlife or wildlife habitat. Any activities such as shooting, hunting, fishing, or trapping on the property are not allowed. Dogs should be kept under control or on a lead, especially in the spring when wildlife have their young to care for.

- ***Respect Gomde and other people's property and do not use or take anything without asking.***

Remember everything at Gomde has been donated and we request you take special care of all the property, furniture, tools and equipment.

- ***Respect the truth and refrain from misleading, divisive or untruthful statements and harsh language.***

Please promote harmony and understanding. Respect other people: their differences, religions, views, origins, backgrounds and issues.

- ***Respect health and refrain from intoxication***

Taking drugs and any drunken, disorderly behaviour or smoking is not allowed at Gomde.

- ***Respect others and refrain from any actions that cause distress or harm***

Please do not behave in a way that creates a disturbance, conflict or danger to anyone. This includes making excessive noise or visiting out with normal opening hours (9-5pm) or unannounced in retreat areas.

Please respect the Country Code and be aware of natural hazards and:

- Do not make fires, smoke or endanger the woodland with any fire hazard.
- Please do not allow children or minors to be unsupervised at any time; all children are the sole responsibility of their Guardians.
- Please be aware and take special care of the danger at the pond and stream.
- Pets and animals are not allowed on the land except with prior permission, they are always the sole responsibility of their owners and must be kept under control.
- Please do not dump or dispose of any waste materials, rubbish or other debris on the land.
- Do not use the land as a campsite or place tents, caravans or mobile homes on the land without permission, or for longer than two weeks.
- Do not cut or trim the trees unless prior approval is given by the adviser for the Gomde Woodland team. The use of a chainsaws, tractor or electrical tools is entirely at your own risk and you are not insured for their use here.
- All Users agree to protect and indemnify the Trust, its agents and volunteers, from and against any and all claims, demands, suits, liability and expense, by reason of loss or damage to any property or bodily injury to any person whatsoever, that may arise from the construction and placement of objects on Gomde and from the maintenance or use of Gomde by signing the volunteer form.

Sign: _____ Date: _____